



*Coaching Players
to Success
on the Basketball Court
...and in life.*

Vol. II, Issue 1, Jan. 2012

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New Skills Sessions for Boys and Girls

Skill Sessions - Follow the links to sign-up or for more information.

Sundays - Jan 8—Feb 26, 2012

{4-5pm Boys 5-8 **FULL**, Boys 9-11 **OPEN**}

{5:00-6:00pm Boys 12-14 **FULL**, Girls 11-14 **OPEN**}

CALL Meredith at 214-223-7865 or

EMAIL: Meredith@attackBBall.com to register.

2012 SUMMER CAMPS

@ Lovers Lane United Methodist Church, 9200 Inwood Road, Dallas 75220

All camps 9am - 12pm

Cost: \$150

Ball Handling

Shooting Fundamentals

Offensive Moves

Passing

Defensive Skills

Rebounding

Court Awareness

May 29-31 - Boys/Girls 12-14 years

June 4-6 - Boys/Girls 9-11 years

August 14-16 - Boys/Girls 5-8 years

****Each camp will be capped at 60 players****

Check out our latest YouTube Skill Videos at ATTACKBBALL

Visit ATTACKBBALL ON FACEBOOK

What a BLAST we had at the Texas Legends December 29th, 2011!

ATTACKBBALL NIGHT AT THE TEXAS LEGENDS had nearly 80 people attend this fun event and participate in a wide variety of activities in addition to the game between the Texas Legends and the Rio Grande Valley Vipers. Here are a few of the highlights.

The Half Time Scrimmage between the 7th and 8th graders was won by the **7th graders**.

George Chandler, parent, stood out in the shooting contest, but missed the \$100 gift card.

Mike Mitchell, parent, won the contest to guess a series of songs, including **Dancing Queen** by ABBA, beating out a group of teenage girls.

Ian Stanbridge and **Nick Wilson** were a riot wearing a Pro's oversized jersey and shoes as they clobbered down the court for a lay-up shot.

Many players got the Pro's autographs and a chance to visit on the court.

There were lots of games, a bounce house to slam dunk, **Crazy George** provided the younger kids with other activities; sink one in the giant hoop, dribbling contests, bowling and golfing with a basketball. **We are so looking forward to next time! Thanks to all you who participated to make this a great time for everyone.**

Personalized UnderArmour Available!

Order your very own
personalized ATTACK!
Basketball UnderArmour
T-Shirt and/or
Compression Shirt here.
Shirts have ATTACK! on
the front and the player's
name or nickname on the
back. As worn at
practices and games by
Head Coach Charlie.



To remove your name from our mailing list please [click here](#) type UNSUBSCRIBE on the subject line and send. Thank you.

Questions/Comments email us: Newsletter@attackbball.com or CALL 214-223-7865

ATTACK! BASKETBALL HOWLER



How about a Year-round Basketball League?

- Play in ALL 4 leagues (Spring, Summer, Fall and Winter). For a complete description of our leagues, please visit our [Leagues page](#).
- ALL practices over the periods the leagues are played.
- ALL coaching and registration fees.
- Entrance into ANY of our camps.
- Entrance into ANY of our skills sessions.
- Flexibility...if you are unable to attend any camps or skills sessions throughout the year, you can substitute 5 individual lessons as part of your year-round package.
- One year commitment required.
- Fee will be automatically withdrawn from a credit or debit card on the same day each month (you choose the day of the month your account will be debited at sign-up). Only \$200 per month

[Download Forms and Mail Registration \(Credit Card or Check\)](#)

"A group becomes a team when all members are sure enough of themselves and their contributions to praise the skills of others."

A Message From Coach Charlie



Every team is made of separate, unique individuals. No two are the same, just like each finger on a hand has a different fingerprint, but the fingers work together as a team. Differences between people are valuable. Being smarter, taller, shorter, slower, faster, funnier, serious, curious, calm, satisfied, yearning, happy, sad, white, black, yellow and red are just some of the things that make us unique individuals and one trait is no better than another. There is much more to each person than can be seen or observed. We each have the potential to do great things in our own way and in our own time. When we value and respect the differences in other players and recognize them simply as different without trying to label these differences as good or bad, positive or negative; we are growing in our maturity and in wisdom. We are becoming a team, and from a team a community, and from community a nation.

LAUGHTER IS GREAT MEDECINE:

When is a baby good at basketball?.....When it dribbles.
Why do basketball players love cookies?.....Because they can dunk them.
How do athletes stay cool during a game?.....Stand near the fans.

BASKETBALL FACTS



Youngest Basketball Star? It might this 5th Grader. <http://youtu.be/8eIu489GgDA>

Oldest Living Pro Basketball Star? William Walton "Bill" Sharman (born May 25, 1926 in Abilene, Texas) is a former professional basketball player and coach. He played with the Boston Celtics in the 1950s. Sharman was enshrined in the Basketball Hall of Fame in 1976 as a player and 2004 as a coach. In 1996, he was named one of the NBA's 50 Greatest Players. Current age 86.

COACH SPOTLIGHT

Coach Shomari Holste



I am so excited to be an integral part of the ATTACK! Basketball program. It is a vehicle through which I can use my fiery passion for coaching to teach youth the fundamentals of what it takes to succeed on and off the court.

[Visit ATTACK! Basketball Academy on YOUTUBE](#)
[Like Us On FACEBOOK](#)

To remove your name from our mailing list please [click here](#), type UNSUBSCRIBE on the subject line and send. Thank you. Questions/Comments email us: Newsletter@attackbball.com or CALL 214-223-7865